

RE How do Sikhs put their beliefs about equality into practice?

Key Vocabulary

Singh	Means 'lion' a name for all Sikh boys.
Kaur	Means 'princess' a name for all Sikh girls.
langar	The free kitchen at the Gurdwara where all can eat. All are expected to help serve here.
Patka	A Sikh head covering which is worn by many Sikh children in preference to its 'bigger brother' the turban.
Gurdwara	Where Sikhs meet as a community.
Guru	Teacher or honoured person.

Guru Nanak taught that God was present in everyone. Guru Nanak was the first Sikh Guru. He proclaimed there was only one God, creator of the universe and everything in it; every human possessed a soul, a small part of God within, and so all were equally able to attain 'moksha' or union with God.

Key Facts

Sikhs believe that everyone is equal. Everybody is equal because God is in each heart.

All Sikh boys are called Singh, and girls Kaur. These additional names show all are equal and important to God.

Eating together in the langar helps put equality in practice. No one is more important than anyone else.

In the Gurdwara, worshipping together reminds Sikhs they are all equal.



Guru Nanak.



Langar



Patka

Tier 2 words

perspective

Someone's point of view or opinion.

source

Something that comes from the past or can be used to explain about the past.