

WEEK ONE MENU

PLATES FOR OUR PLANET

MONDAY

Creamy Macaroni Cheese  

Garden Cottage Pie  



Sweetcorn 
 Cut Green Beans 

Golden Apricot Compote  
 with Custard  

Loaded Spud 
 with Baked Beans 
 or Cheese 

TUESDAY

The Smarter Slice Margherita Pizza with Baked Potato Wedges  

Chicken & Veggie Casserole with Baked Potato Wedges 

Chicken & Veggie Casserole with Baked Potato Wedges 

Sliced Carrots 
 Cauliflower 

Fresh Fruit Salad  
 Yoghurt  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

WEDNESDAY

Moroccan Bean Casserole with Golden Roast Potatoes  

Roast Beef served with Golden Roast Potatoes and Gravy 



Peas 
 Sliced Carrots 

Fresh Fruit Salad  
 Yoghurt  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

THURSDAY

Plant Power Penne Lentil Bolognese  

Chicken Tikka Masala with Rice 

Chicken Tikka Masala with Rice 

Mixed Vegetables 

Somerset Apple Cake  
 with Custard  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

FRIDAY

Hearty Veggie Gratin with Chips  

Fish Goujons with Chips 



Peas 
 Baked Beans 

Fresh Fruit Salad  
 Yoghurt  

Loaded Spud 
 with Baked Beans, 
 Tuna Mayo,  Cheese 
 or Tuna Flakes 

The Main Event

Veggies

Dessert

Daily



Menu Key:

 Plant Based  Vegetarian
  Halal

Carbon Score:

    
 Low → High



WEEK TWO MENU

PLATES FOR OUR PLANET

MONDAY

Lentil & Veggie Flaky Topped Pie with Baked Potato Wedges  

Ricotta Tortelloni Pasta in Rich Tomato & Basil Sauce  



Sliced Carrots 
Peas 

Warm Berry Compote  
with Custard  

Loaded Spud 
with Baked Beans 
or Cheese 

TUESDAY

Cauliflower, Spinach & Lentil Curry with Rice  

Chicken Goujons with Baked Potato Wedges 

Chicken Nuggets with Baked Potato Wedges 

Sweetcorn 
Cut Green Beans 

Fresh Fruit Salad  
Yoghurt  

Loaded Spud 
with Baked Beans, 
Tuna Mayo,  Cheese 
or Tuna Flakes 

WEDNESDAY

Italian-style Tomato Penne Pasta  

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy 

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy 

Vegetable Medley 

Fresh Fruit Salad  
Yoghurt  

Loaded Spud 
with Baked Beans, 
Tuna Mayo,  Cheese 
or Tuna Flakes 

THURSDAY

Golden Harvest Lentil & Sweet Potato Crumble with Baked Potato Wedges  

Beef Lasagne 

Lamb Penne Bolognese 

Sweetcorn 
Cauliflower 

Somerset Apple Cake  
with Custard  

Loaded Spud 
with Baked Beans, 
Tuna Mayo,  Cheese 
or Tuna Flakes 

FRIDAY

Golden Veggie Sausage with Chips  

Salmon & Broccoli Bake with Chips 



Peas 
Baked Beans 

Fresh Fruit Salad  
Yoghurt  

Loaded Spud 
with Baked Beans, 
Tuna Mayo,  Cheese 
or Tuna Flakes 

The Main Event

Veggies

Dessert

Daily



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WEEK THREE MENU

MONDAY

Chef's Special Creamy Tikka Masala with Rice  

Garden Veggie Lasagne  



Cut Green Beans  
Sliced Carrots  

Fresh Fruit Salad  
Yoghurt  

Loaded Spud  
with Baked Beans  
or Cheese  

TUESDAY

The Smarter Slice Margherita Pizza with Baked Potato Wedges  

Chicken Curry with Rice 

Lamb Chilli Con Carne with Rice 

Sweetcorn  
Cauliflower  

Golden Apricot Compote  
with Custard  

Loaded Spud  
with Baked Beans,  
Tuna Mayo,   Cheese  
or Tuna Flakes  

WEDNESDAY

Rich Tomato & Chickpea Gratin with Golden Roast Potatoes  

Roast Beef served with Golden Roast Potatoes and Gravy 



Mixed Vegetables 

Fresh Fruit Salad  
Yoghurt  

Loaded Spud  
with Baked Beans,  
Tuna Mayo,   Cheese  
or Tuna Flakes  

THURSDAY

Golden Harvest Lentil & Sweet Potato Crumble with Baked Potato Wedges  

Tomato & Paprika Chicken with Rice 

Chicken Meatballs in Tomato Sauce with Baked Potato Wedges 

Sweetcorn  
Sliced Carrots  

Somerset Apple Cake  
with Custard  

Loaded Spud  
with Baked Beans,  
Tuna Mayo,   Cheese  
or Tuna Flakes  

FRIDAY

Crispy Potato, Cheese & Leek Bake with Chips  

Fish Goujons with Chips 



Peas  
Baked Beans  

Fresh Fruit Salad  
Yoghurt  

Loaded Spud  
with Baked Beans,  
Tuna Mayo,   Cheese  
or Tuna Flakes  

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Dessert

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