

**Bhagavad Gita**

**guru**

**Hindu**

**Hinduism**

**moksha**

**smiriti texts**

**Upanishads**

**yogas**

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Someone who follows the Hindu faith and believes that all life is sacred. The word Hindu comes from Sindhu, a river in North West India, which in Sanskrit means 'a vast expanse of water'.

A Hindu teacher.

The sacred text which tells Hindus the 4 pathways to achieve moksha. Bhagavad Gita means 'The song of the Lord'.

Smriti texts are important stories for Hindus. Smriti means 'remembered'. The two most famous are the Ramayana and the Mahabharata.

Hindus believe that moksha is like reaching the final goal by choosing the right path for each individual.

A collection of ancient traditions with more emphasis on doing the right thing than agreeing a particular set of rules or teachings.

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Spiritual pathways to be with God. There are 4 yogas.

Hindu scriptures which pass on wisdom from religious teachers or gurus.

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