Bury Rangers Knowledge Organiser Kestrels: Country Dancing

Key facts

English country dancing goes as far back as 600 years.

It was particularly popular with Queen Elizabeth 1st.

Country dancing is social dancing where lots of people dance together.

Key Words	Definition
bar	A set number of beats before the beats are repeated.
dance	To move your body rhythmically to music.
pulse	The number and speed of the beats in music.
swing	To hold your partners hand and spin each other around.

Tier 2 Words		
Word	Definition	
instruct	Explaining exactly how to do something.	
sequence	To put something in the correct order	
tradition	a set of beliefs passed from generation to generation	

Country Dancing in history



Key Dance: The Galopede

Dance Parts

Part	Bars	Description
A1	(1 - 4)	Join hands down lines, Forward 4, Back 4, Cross
A2	(5 - 8)	Repeat back to place
B1	(1 - 4)	Swing Partner
B2	(5 - 8)	Top couple swing to bottom, all clap