

Buddhists are aiming to reach the state of Buddhahood, where they are fully awakened. It is a state of infinite compassion, wisdom and skill.	Someone who follows the Buddhist religion	The type of tree that Siddhartha sat under for 40 days to meditate.
Buddhists become enlightened by using meditation. While they meditate, they concentrate very hard and clear their minds of all thoughts.	Not putting too many restrictions on your life so that you will suffer too much and not living too greedily. Having 'just enough' of everything to be happy.	When a Buddhist finds the truth about life and stops being reborn.
		There are 4 Noble Truths which help Buddhists move to Budddhahood.



